

Notice of Patient Rights and Responsibilities

Your Rights as a Patient:

As a patient using our mobile healthcare application, you have the right to:

1. Respect and Dignity
 - Receive care and communication that is respectful, considerate, and free from discrimination.
2. Privacy and Confidentiality
 - Have your personal health information kept secure and confidential, in compliance with HIPAA and other applicable laws.
 - Control how your information is used and shared, within the limits of the law.
3. Clear Information
 - Receive understandable information about your condition, care plan, and instructions—before and after surgery.
 - Ask questions and get timely, clear answers from your care team through the app or chat.
4. Participation in Your Care
 - Be actively involved in decisions about your care plan, including preparation and recovery tasks.
 - Refuse or stop tasks at any time, understanding that this may affect your outcomes.
5. Access to Support
 - Use the in-app chat feature to communicate with your healthcare team for guidance, support, and clarification.
 - Request assistance if you have technical difficulties with the app.
6. Safe and Effective Care
 - Expect your care team to follow professional standards and evidence-based practices in creating your plan of care.

Your Responsibilities as a Patient:

To help ensure the best possible outcomes, you agree to:

1. Provide Accurate Information
 - Complete the clinical intake questionnaire truthfully and provide up-to-date health, medication, and allergy information.
2. Follow the Agreed Care Plan
 - Complete pre- and post-surgery tasks in the app as instructed, including exercises, nutrition, hydration, wound care, and breathing exercises.
 - Use reminders and notifications in the app to stay on track with your care plan.
3. Ask Questions
 - Seek clarification if instructions are unclear or if you experience difficulties completing tasks.
4. Report Changes Promptly
 - Inform your care team via chat or other available channels if your symptoms, health status, or recovery progress changes.
5. Use the App Responsibly
 - Protect your login information and device security to keep your health data safe.

- Avoid sharing your account with others.
- 6. Participate in Your Recovery
 - Engage actively with your healthcare team to achieve the best possible surgical preparation and recovery results.

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